

31 AUGUST(5pm) - 9 SEPTEMBER(1.30pm) 2012 · RILL ESTATE, DEVON, UK

Cost: £1355 (to include all tuition, food and accommodation in shared rooms, upgrades available)

Early payment discount of £120 for bookings made with deposit of £195 paid by May 1<sup>st</sup> 2012.

Additional discount of £45 for those who pay in full by May 1<sup>st</sup> 2012.



Application forms are available from Roland:

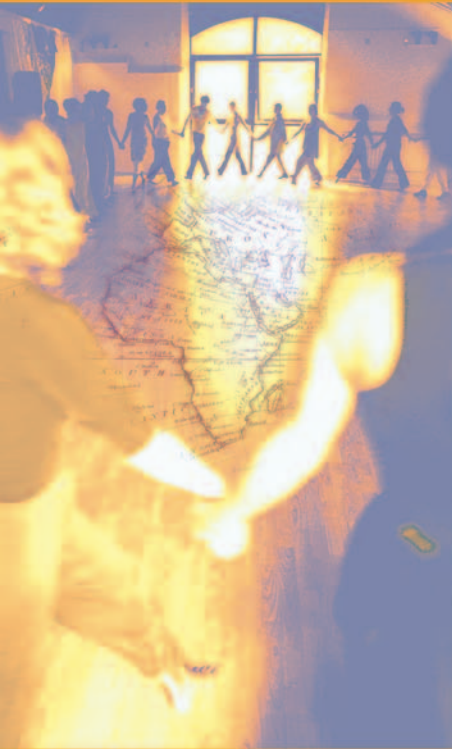
RW Events, Nappers Crossing, Staverton, Devon TQ9 6PD, UK

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A MOVEMENT MEDICINE ODYSSEY THROUGH THE 9 CYCLES OF LIFE

# INITIATION 2012

movement medicine, soul retrieval and ceremony



with Ya'Acov & Susannah Darling Khan

Rill Estate, Devon, UK

31 August - 9 September 2012

SCHOOL OF MOVEMENT MEDICINE

[www.schoolofmovementmedicine.com](http://www.schoolofmovementmedicine.com)

DARE TO DANCE · DARE TO DREAM

*"Phenomenal- utterly transformative. Almost certainly  
The intensity and focus of the work was awesome, as was the strong*

Do you want to:

- Accept, digest, release, heal and transform your past?
- Accept yourself and take responsibility for who you are now in the present?
- Learn tools for co-creating a future that is in harmony with your guiding purpose?
  - Cultivate a compassionate witness for your self and others?
- Find some peace with the reality of mortality and make death your friend?

Initiation is an adventurous and imaginative 10-day intensive journey with fine companions, excellent guidance and far reaching results. The focus of our work is to bring awareness, responsibility, fluidity, and ultimately gratitude to life's journey. The work will help you to ensure that you learn all you can from your personal history and free you from any belief that your past has to create your future. It will bring healing and understanding to your own journey and that of your ancestors and so support you to pass on your wisdom, and not your wounds, to the next generation. We will work with the 9 stages of the life journey: conception, birth, childhood, puberty, adolescence, adulthood, maturity, old age and death.

We will begin with a day of movement meditation designed to prepare us for the voyage ahead. We then set sail to visit the landscapes of the first five cycles. The work is rooted in physical movement through which we will invoke the archetypal energy of each cycle. We will acknowledge what has been, transform what we can, and, learning from the lessons and challenges of our lives, give it all back to the dance.

We will guide you in specific exercises, meditations and initiations designed to assist you to re-integrate qualities of the soul that may have been lost or simply not given space along the way. When we arrive at the transition between adolescence and maturity, we will take you to Dartmoor National Park to do a mini-Vision Quest to gain a sense of overview of your life now. As further preparation for assuming responsibility for your life, we will then invoke Death as a teacher to remind us all that our time here is precious and short.

The intention is to create the freedom of body, heart and mind to be able to view our past as the perfect training for living a creative, empowered and connected life now. This maturation process results in a more lyrical experience of the whole cycle of living and dying. People leave this workshop with a sense of forgiveness for the past, acceptance in the present, and inspiration and a clear sense of the work they must do in order to manifest and offer the gifts they have inside them.

*"At the moment she realized that any human being might die for almost any reason at any given moment, she understood that, accepting this fact, she could be free." Alice Walker. Now is the time to open your Heart*

*"I felt the privilege of being part of something that has belonged to me for so long.  
I worked in an environment that was safe and supportive and that helped me to recog*

*y the most deeply enriching ten days I have ever spent.  
and sensitive space that was held for us. Magic." Caroline Levonian.*

Susannah and Ya'Acov are directors of the School of Movement Medicine and have been teaching internationally since 1989. They benefited from 18 years of apprenticeship with Gabrielle Roth as well as apprenticeships and long-term study with shamans, healers and teachers from around the world. They are authors of the book *Movement Medicine – How to Awaken, Dance and Live your Dreams*.



Susannah's background is in Anthropology (1st Class Hons UCL 1986) and Gestalt Psycho-therapy (Graduate of the Gestalt Centre London 1988). Her teaching is filled with energy, clarity, sensitivity and her infectious love of the dance itself.

*"Susannah creates a hallowed space. Her teaching has enormous lucidity; it's both subtle and simple. I feel in safe, respectful hands. Susannah brings a lovely balance between cool, clear muscular thought, quick humour, joy and a wild daring too: a graceful marriage between mind and body, masculine and feminine, sensitivity and innate authority."*

Susan Law, Psychotherapist and Trainer.



Ya'Acov has been studying and practicing shamanism all his life with many gifted teachers from the Arctic to the Amazon. His workshops are inspiring, empowering, contemporary and practical and are attended by people from all walks of life.

*"Ya'Acov teaches with mastery, one ear listening for guidance from beyond. He creates a field of trance in which the psyche can build and mend. His workshops are vast landscapes where the soul can dream wholeness."*

Andrew Holmes. 5Rhythms Teacher.

Initiation is the prerequisite for **The Phoenix Retreat**, and is also a prerequisite for the School of Movement Medicine's Apprenticeship Programme.

#### **Prerequisites:**

A minimum of 50 hours of Movement Medicine, 5 Rhythms or other related practice.

#### **Suggested preparatory workshops:**

SEER Process with Ya'Acov, 19-24 March, Switzerland. The Journey of Empowerment Ongoing Group with Susannah, 3 Modules beginning 6-11 May in Switzerland. For All Our Relations with Ya'Acov, 4-6 May, London. Vision Quest with Ya'Acov 8-15 June Devon, UK.

**Participation is by application only.**

*to human beings since ancient times and that our society has lost.  
nize my strength and my fragility. " Laura Valenti – Physical Theatre Student/Performer*