


Cost: £225 (a not-for-profit event)

Deposit: £85 (non-refundable) to secure your place Payment 2: £140 by May 1st 2012

All cheques (payable to School of Movement Medicine) to be sent to RW Events, please don't send any money until your application has been approved. We accept both credit and debit card payments, please call us on +44 (0)1803 762 255.



Movement Medicine is the result of Susannah and Ya'Acov Darling Khan's 25 years of research into and practice of human possibility and transformation. They were apprenticed to Gabrielle Roth (5 Rhythms) for 18 years after training with her in 1989 and have been mentored in movement and professional practice by Helen Poyner (Walk of Life) since 1992. They have studied with healers and shamans from the Amazon to the Arctic Circle and are the authors of *Movement Medicine – How to Dance, Awaken and Live your Dreams* and the creators of *Movement Medicine Volume 1 – For the Dance of Life* (Hay House 2009).

Susannah's background is in Gestalt, Anthropology, Family Constellations, healing, voice work and music. Ya'Acov's background is in Visual Communications, Youth Work, peace action and shamanism. They are both trained Be the Change facilitators and integrate the work of the Pachamama Alliance into their teachings and workshops.

Application forms available from: RW Events, Nappers Crossing, Staverton, Devon TQ9 6PD, UK
+44 (0)1803 762 255 · roland@rwevents.co.uk · www.schoolofmovementmedicine.com

A MOVEMENT MEDICINE DANCE CEREMONY

SUMMER LONG DANCE

5 - 9 July 2012

Dartmoor, Devon, UK



SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

DARE TO DANCE · DARE TO DREAM

Invitation

This is your invitation to join us for the 2012 School of Movement Medicine Summer Long Dance. We have developed the Long Dance ceremony over the past two decades as a way to join in deep community to dance, sing and pray together for all our relations. We ran the first 48-hour version in 2009 with our apprentices. In 2010 we opened the 48 hour Long Dance to the wider circle for the first time with the help of our apprenticeship circle. In 2012, we are moving the ceremony to an absolutely exquisite and magical site on Dartmoor in South Devon. The dance will happen in a large marquee and there will once again be a fine circle of apprentices as well as a very experienced site crew to support the smooth running of the event.

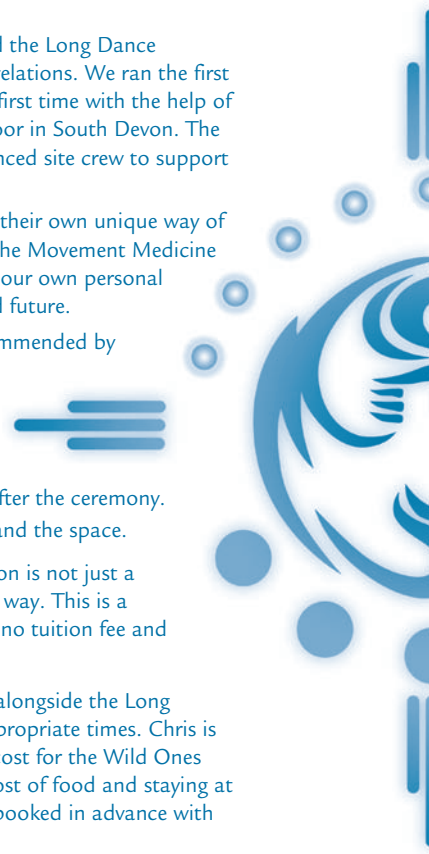
The ceremony provides a profoundly healing, catalytic and magical space where each individual is encouraged to find their own unique way of expressing their dreams and love for life through the dance. The Movement Medicine teachings are all represented in the Movement Medicine mandala and the ceremony is grounded in these teachings. It's an opportunity to spend some time remembering that our own personal wellbeing is connected to the wellbeing of the planet, and to dedicate our dance to all our relations, past, present and future.

In order to participate in the Long Dance, you must have either worked with Ya'Acov and Susannah before or be recommended by someone who is known to them. In all cases, participation is by application. You must also commit to the following:

- To stay with the ceremony from beginning to end except in the case of medical need or emergency.
- To raise a minimum of £200 for any project or projects that you wish to dance for. There is always one collective project that you can also choose to support if you wish to.
- To prepare yourself fully for the ceremony and to take full responsibility for your own wellbeing throughout and after the ceremony.
- To abide by the ceremony protocol and be an active participant in the ceremony, taking care of yourself, others, and the space.

The deeper we dance, the more we directly experience the reality of the interconnected nature of all life. This recognition is not just a blissful experience. It's a remembering of our responsibility to honour and protect the sanctity of life, each in our own way. This is a give-away ceremony and therefore all costs to you are simply to cover the cost of putting the Long Dance on. There is no tuition fee and any monies left over at the end of the event will go entirely towards supporting charitable projects.

We are delighted to tell you that Chris Salisbury from WildWise will be running a Wild Ones camp for 8-12 year olds alongside the Long Dance. This will be on the same site and children will be able to respectfully come and go from the Long Dance at appropriate times. Chris is a wonderful environmental educator, a great storyteller and very experienced in running magical events for kids. The cost for the Wild Ones camp is at a special price of £145 and will run from the morning of 6th to the evening of the 8th and also covers the cost of food and staying at Long Dance site for the whole period from 5th to 9th. There are limited places on this programme and it needs to be booked in advance with WildWise: enquiries@wildwise.co.uk +44 (0)1803 868269 www.wildwise.co.uk



What happens at the Long Dance?

- There are 21 stations on the movement medicine mandala and you will dance through all of them twice, once for yourself, and once as a prayer for life on earth
- You will have many opportunities to weave dreams for yourself, to dance for those you love and for the community of life on earth, to dance for your ancestors and our collective descendants and of course, to disappear in the medicine of your own dance
- We will dance for 22 hours a day. The music stops for two to three hours a night
- You can rest when you need to though this is a team sport and we need 60% of dancers to be dancing at all times
- There will be a mixture of live music with excellent musicians and DJ's experienced in providing music for ceremony
- There will also be an excellent team of healers and practitioners working throughout the Long Dance for those who need them. They work on a donation basis
- We will not stop for meals but simple food will be easily available for those for whom fasting doesn't work. Water is available to drink. If you wish to fast throughout the ceremony you are welcome to do so but we ask that you make sure to prepare your body for this and that you take medical or nutritional advice to make sure that this is OK for you, especially if you haven't fasted before. Water is available to drink.

Before the ceremony and for the night afterwards, you will be camping on site. There are compost toilets and cold showers available on site. The ceremony will end with a feast and a fire on the last night. Throughout the ceremony, the ceremonial leaders, staff, and assistant team, as well as the site crew will be available to assist you should you need it. You will also have a support group for the ceremony itself.

Schedule

Thursday 5th Arrive in the afternoon. Pitch your tent. Have dinner. Relax and hang out with other participants and take part in the opening fire ceremony.

Friday 6th Breakfast and lunch will be available. Morning dance session with Ya'Acov and Susannah. The day will be spent in preparation for the Long Dance which will begin in the late afternoon/early evening.

Long Dance Ceremony 48 Hours from late Friday afternoon to late Sunday afternoon. The ceremony will end late afternoon. Celebratory feast in the evening.

Monday 9th Breakfast and goodbyes. Please leave before lunch.