

A MOVEMENT MEDICINE DANCE WORKSHOP

MENDING THE CIRCLE

with Ya'Acov Darling Khan

Sheffield

FROM THE CENTRE - CIRCLE ['sərkəl] - A ROUND PLANE FIGURE WHOSE BOUNDARY CONSISTS OF POINTS EQUIDISTANT FROM THE CENTRE

24 - 26
September
2010

Contact Kerri:

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SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

DARE TO DANCE · DARE TO DREAM

Movement Medicine weaves together the exhilaration of free dance with the depth of movement meditation and the spirit of shamanic practice. It is designed to help you discover the wisdom and creativity of the dancer within.

In today's world, many of us end up feeling 'out of shape.' We live in boxes, watch the box, and box each other in with narrow ideas and perceptions. We have forgotten that we are all an integral part of the circle of life, and that from the point of view of the circle, we are all equidistant from the centre.

Mending the Circle will:

- Give you tools to repair and strengthen the integrity your circle
- Support you to be able to bring this sense of integrity into all your relationships
- Introduce you to the natural guidance and wisdom that is within you by dancing with the four elements and their guardians
- Bring all that you have learned into dancing ceremony where we will dance like devas for the Great Circle of life

When we remember that we are family with the whole circle of life on earth, our compassion grows, our wisdom deepens and our lives become a blessing as we rediscover our innate ability to play an active and conscious role in the creation of our lives and the world we live in.



Ya'Acov has been studying and practicing shamanism all his life with many gifted teachers and he brings a wealth of experience and knowledge to his work. His workshops are deeply practical and down-to-earth as well as catalytic, transformative, uplifting and inspiring. He is the Co-Author of *Movement Medicine – How to Awaken, Dance and Live your Dreams*.

"Ya'Acov is blessed with a strong and energetic shamanic spirit, a talented dreamer and imaginative teacher. His work is unique, potent, full of creative originality and compassionate insight. He is a true worldbringer and a warrior of the heart."

Duncan Wordley, Director of Circle of Flowers Shamanic School

Shirecliffe Community Centre, 349 Shirecliffe Road, Sheffield, S5 8XJ

Friday 24th Sept, 7 – 10pm

Saturday 25th, 11am – 6pm • Sunday 26th, 10.30am – 5pm

Cost: £125 or £110 if paid in full by 6th September 2010

To book send full fee (cheques payable to *Kerri Cripps*),

please include your contact details, to:

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