

MOVEMENT MEDICINE & THE 5 DIMENSIONS OF AWARENESS

SACRED SPACE

alchemical tools for the dance of life

Zürich



10 - 11
December 2010

Contact Katriona:
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SELF
RELATIONAL
ENVIRONMENTAL
ANCESTRAL
DIVINE

with Susannah Darling Khan

SCHOOL OF MOVEMENT MEDICINE
www.schoolofmovementmedicine.com
DARE TO DANCE · DARE TO DREAM

Sacred Space will help you to experience the dynamic aliveness of your inner and outer space.

Through landing consciously in the depths of our bodies we release natural movement which arises from inside. By inhabiting the living "land" of our bodies, we find a ground of being and a resource of energy. When we are full and alive in ourselves, and when our circle is whole, we can connect creatively with the world around us and with the oasis within.

Sacred Space will give you tools to learn how to live from your integrity (wholeness) in all your relationships, with yourself, others, the environment, the ancestors and spirit world, and the tangible presence of the divine.

This connection to Sacred Space gives us access to embodied spirit and dancing prayer.

Pre-requisites: none, open to everybody.



Movement Medicine is the synthesis of Susannah and Ya'Acov Darling Khan's work over the last 25 years, including teaching 5Rhythms internationally since training in 1989. Susannah teaches with compassion, clarity, wisdom and humour. She offers a joyous approach to personal and collective healing.

"Susannah has been a beacon of effervescent integrity for me over the years while my own awareness, healing and growth has matured. I would encourage anyone with dance in their heart and feet to find the earliest possible opportunity to work with her." Jason Rowe

Galactic Dance Studio • Zürich- Altstetten

Friday 10. Dec. 19.00 – 22.00; Saturday 11. Dec .11.00 – 18.30

Cost: SFr. 275.- Early booking price SFr. 250.- when deposit SFr. 100.- paid by November 10th 2010

Information, online booking and bank details see website: www.kf-events.ch

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