

# SOURCE

movement medicine and the dance of sexual energy

London

9 - 11

April 2010



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with Ya'Acov Darling Khan

SCHOOL OF MOVEMENT MEDICINE

[www.schoolofmovementmedicine.com](http://www.schoolofmovementmedicine.com)

DARE TO DANCE · DARE TO DREAM

Sexual energy is the Source of creation. We all have the possibility of experiencing this energy as a powerful, healthy, and creative source for living a dynamic and inspired life. Beyond guilt, blame and shame, there is movement, connection and the awakening of a sexuality that is profound, healing and sacred.

We've been taught to suppress, push, deny and denigrate what is natural. It is a rare human in our culture who has been encouraged in the development and understanding of their sexual energy. Movement Medicine is a potent catalyst for healing and celebrating the Source within you.

In this workshop you will:

- Learn to embody and dance with the natural movement of your sexual energy
- Become aware of and learn to release some of the shadows around your sexuality
- Recover your innocence and power as a sexual being by aligning body, heart and mind
- Realise the life-affirming potential of sexual energy expressed through movement

Toynbee Studios, 28 Commercial Street (not Commercial Road!), London, E1 6AB  
Nearest tube Aldgate East. on the Hammersmith & City (pink) and District line (green)

Friday April 9<sup>th</sup>, 7pm - 10pm • Saturday 10<sup>th</sup>, 11am - 6pm • Sunday 11<sup>th</sup>, 11am - 5pm

Cost: £120 • £95 if booked and paid in full by March 1<sup>st</sup> 2010

To book send full fee (cheques payable to *Miss Alex M Hanly*) to:

Alex Hanly, 41 Sedgwick Road, Leyton, London, E10 6QP • +44 (0)7868 842219 • alexhanly@hotmail.com

There will be no nakedness on this workshop. Whatever your history, you are invited to come and dance for your life! Embodying the power of your Source in the dance of your life will help you to take up your place as an empowered human being in the circle of life.



Ya'Acov has been studying and practicing shamanism all his life with many gifted teachers from the Arctic to the Amazon. His workshops are inspiring, empowering, contemporary and practical and are attended by people from all walks of life. He has been teaching internationally

since 1989, and is the Co-Author of *Movement Medicine – How to Awaken, Dance and Live your Dreams*.

*"Ya'Acov is blessed with a strong and energetic shamanic spirit, a talented dreamer and imaginative teacher. His work is unique, potent, full of creative originality and compassionate insight. He is a true worldbringer and a warrior of the heart."* Duncan Wordley, Director of Circle of Flowers Shamanic School