

MOVEMENT MEDICINE: CONSCIOUS ECSTATIC DANCE FOR COUPLES

The Space Between Us

Waldhaus
Zentrum,
Lützelflüh,
Switzerland

11 - 15
February
2009

with Ya'Acov & Susannah Darling Khan

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SCHOOL OF MOVEMENT MEDICINE
www.schoolofmovementmedicine.com

Movement Medicine teaches us a range of essential skills for a loving, creative and dynamic relationship.

The Space Between Us focuses on the following questions:

- Who am I and what do I need?
- Who are you and what do you need from me?
- How do I stay clear in my own dance and stay open to yours?
- How do we deal with emotion in our relationship?
- Are we aware of the patterns of relationship that we have inherited?
- Do we support each other to be what we can be?
- Are we happy sexually and is our sex life fulfilling and an ongoing adventure?
- Is our relationship the best it could be? Dare we make it so?

The dance is sexy and pragmatic, inspirational and healing. It is a fine teacher and it brings us humbly to the reality of where we are. In the end, it is truth that sets us free.

These workshops are for committed couples. The realisation that our relationship's struggles and joys are shared struggles and joys, and the sheer ecstasy of embodying our dreams, make this a potent alchemical blend.

As well as deep explorations in the dance, each evening, you will be given a series of exercises to practice in the sanctity of your own bedroom. There is no public nudity required on these workshops.

Susannah and Ya'Acov are directors of the School of Movement Medicine. They have been teaching movement internationally since training with Gabrielle Roth in 1989.

Susannah's background is in Anthropology (1st Class Hons UCL 1986) and Gestalt Psycho-therapy (Graduate of the Gestalt Centre London 1988). Her teaching is full with energy, clarity, sensitivity and her infectious love of the dance itself.

"Dancing with Susannah is a golden opportunity. Susannah is a warm, wise, deep, joyous woman with immense healing, compassionate presence. She helps us to experience and dive in to both our own light and darkness, bringing us in to our own depth and wisdom through the dance."

Pernilla Carrier, Kinesiologist and Voiceyoga teacher

Ya'Acov's background is Visual Communications, Photography and a life-long fascination with and study of shamanism. His teaching is a blend of warmth, humour and a well-guided, focused dance along the thin edge of the unknown.

"Ya'Acov teaches with mastery, one ear listening for guidance from beyond. He creates a field of trance in which the psyche can build and mend. His workshops are vast landscapes where the soul can dream wholeness." Andrew Holmes. 5 Rhythms Teacher.



"In 20 years of relationship, we have explored many edges. We have hurt each other, fallen in and out of love many times, found deep wells of forgiveness, loved, hated, laughed with and at each other, and have been constantly surprised by our capacity for both brilliance and stupidity.

Movement practice has been a fine companion and ally on our journey. We continue to be a mystery to each other." Ya'Acov and Susannah

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Cost: Sfr 1252 per person, Sfr 1052 if booked with deposit by Oct 30th 2008. Plus Sfr 30 - 90 per person depending on the room.

To include all food and accommodation at the Waldhaus Zentrum. Places are limited to 20 couples.

Application forms available from RW Events.

The Space Between Us Level II will take place 10th - 14th Feb 2010.

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