

MOVEMENT MEDICINE FOR BODY HEART AND MIND

Wild at Heart

a tribal gathering for men

with Ya'Acov Darling Khan

Bois le Comte

The Ardennes

29 April - 3 May 2009

Contact Roland:

roland@rwevents.co.uk

+44 (0)1803 762 255

SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

DARE TO DANCE · DARE TO DREAM



It is time for us as men to listen and to create a way forward which embraces and reframes the feminine and the masculine inside us. **Movement Medicine** teaches the tools to do just that. Through movement meditation, shamanic ritual and ceremony, we intend to cut through the day-to-day game of comparison, status and competition so that we can let go of what binds us to our personal histories.

There is an internal archetypal dance that goes on in our unconscious. It is programmed by the possibilities we have learnt and digested as well as the memories we carry. By bringing our attention to this dance, we can release ourselves from destructive patterns and invoke a new blueprint born from the sweat of our dance. **Wild at Heart** is a place to remember a sense of brotherhood. By acknowledging our weaknesses and our strengths, we give each other permission and support to take the next steps in our lives. Our movement work will create an alchemical fusion of feminine and masculine energies inside us so that we can create space to embody the qualities of the soul. Through this work, we will align ourselves with our highest possibility and assume the authority to take responsibility for our lives.

Venue: Bois le Comte in The Ardennes. It is a perfect venue for our work. Our food will be simple, clean and mostly vegetarian.

"With Ya'Acov you get down to the bones of a thing; he is so alarmingly simple that all your chatter falls away and there's nothing left but you and the dance in this moment of time. He has the courage to require himself and all of us to keep repeating the essentials over and over again till we are simply dancing in the beat of our own hearts." Kat Forrester, Events Organiser

29 April - 3 May 2009 • Bois le Comte, The Ardennes, Belgium

Cost: Tuition: £295 • Accommodation and Food: 210€

Early Payment Discount £40 if booked with deposit by January 28th 2009.

To book send an £80 non-returnable deposit, payable to 'RW Events' to:

RW Events, Nappers Crossing, Staverton, Devon TQ9 6PD, UK • t: +44 (0)1803 762 255 • e: roland@rwevents.co.uk

This workshop is a powerful initiation, healing, and transformation for any man wanting to learn to fight for the dreams he holds in his heart.

The workshop will include a sweat lodge.

Ya'Acov's background is in Visual Communications, Photography and a life-long fascination with and study of shamanism. His teaching is a blend of warmth, humour and a well-guided and focused dance along the thin edge of the unknown. He co-directs the School of Movement Medicine and has been teaching internationally since 1989.

"Ya'Acov teaches with mastery, one ear listening for guidance from beyond. He creates a field of trance in which the psyche can build and mend. The simplicity of his structures gives space for enormous depth. His workshops are vast landscapes where the soul can dream wholeness." Andrew Holmes. 5 Rhythms Teacher.

