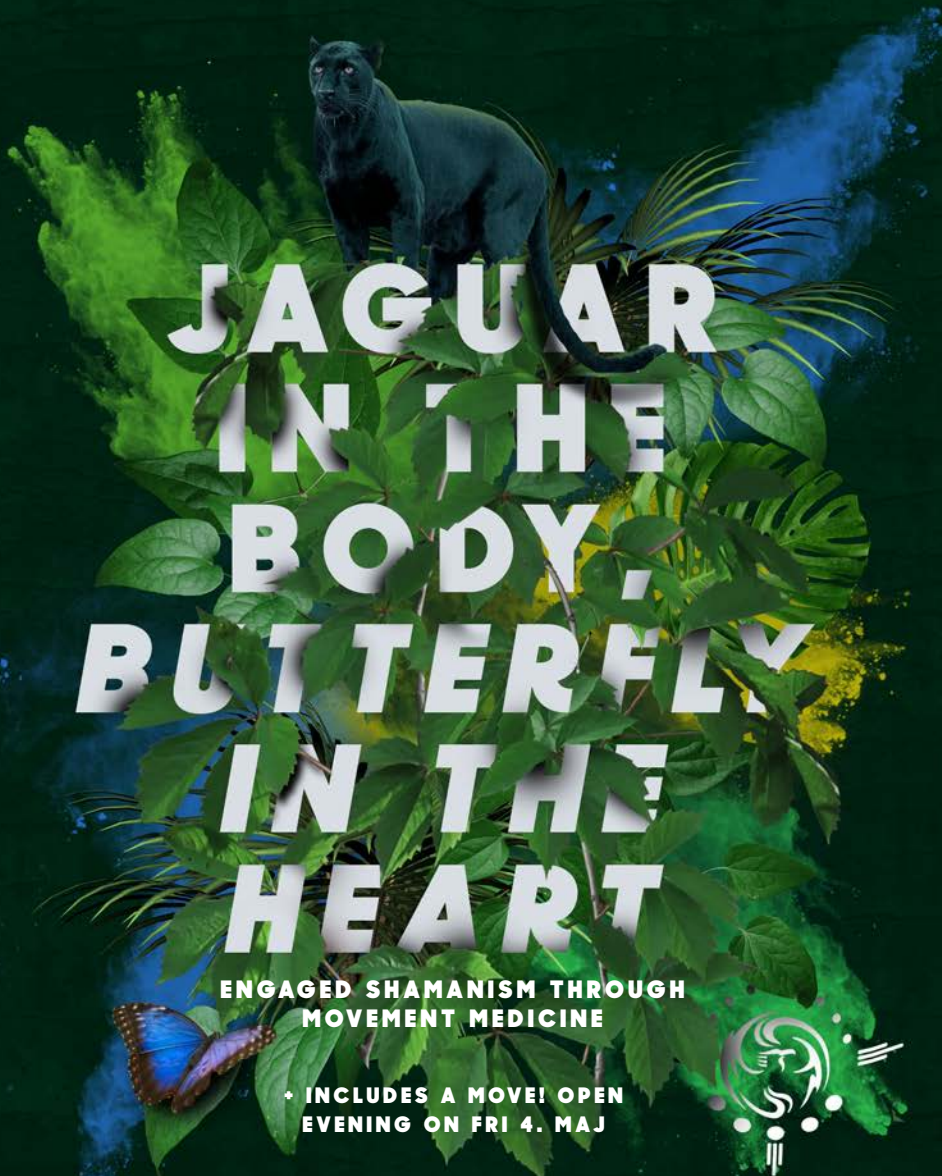


A WEEKEND WORKSHOP WITH YA'ACOV DARLING KHAN  
**COPENHAGEN 4. - 6. MAJ 2018**



# JAGUAR IN THE BODY, BUTTERFLY IN THE HEART

ENGAGED SHAMANISM THROUGH  
MOVEMENT MEDICINE

• INCLUDES A MOVE! OPEN  
EVENING ON FRI 4. MAJ



INFORMATION: [WWW.DANCINGYOURSPIRIT.DK](http://WWW.DANCINGYOURSPIRIT.DK)  
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SCHOOL OF MOVEMENT MEDICINE  
[www.schoolofmovementmedicine.com](http://www.schoolofmovementmedicine.com)

# JAGUAR IN THE BODY, BUTTERFLY IN THE HEART

## Engaged Shamanism through Movement Medicine - A weekend workshop with Ya'Acov Darling Khan

"The purpose of shamanism is not to become a shaman, it is to become who you are – engaged with and connected to the powers that give you life." Ya'Acov Darling Khan

In this transformative weekend workshop, Ya'Acov invites you to revision your life as a shamanic journey of initiation through which you discover who you are and what is yours to give.

The workshop is inspired by Ya'Acov's 30-year initiation into the shaman's world and will guide you through the four stages of contemporary shamanic initiation that he describes in his latest book:

1. Coming Down to Earth: Discovering the path
2. Fire in the Belly: Commitment to the path
3. Waters of Life: Becoming teachable
4. Winds of Change: Initiation

*"Jaguar in the Body invokes the raw, embodied power of our true and wild natures and of nature itself. The jaguar is a fierce protector of what it loves. Butterfly in the Heart invokes the shining and fleeting beauty that we catch glimpses of in one another when we feel safe enough to see and be seen. The butterfly is the miracle of transformation that touches us with its soft and silent wings."* – Taken from *Jaguar in the Body, Butterfly in the Heart* by Ya'Acov Darling Khan (Hay House 2017)

Out of the experience of meeting the jaguar and the butterfly in you, you will emerge with a growing capacity to harness the fascinating and alchemically potent blend of vulnerability and power that is so central to our human journey.

Movement Medicine weaves together the exhilaration of free dance with the depth of movement meditation, story-telling and the spirit of shamanic practice. It challenges the paradigm of separation and reminds us of the interconnected nature of the web of life and our unique place in it.



**Ya'Acov Darling Khan:** From a young age, Ya'Acov has been drawn to the spirit world of shamanism. He has pursued this yearning throughout his adult life, studying and practising shamanism with many gifted teachers around the world. He has been recognised as a shaman by Elder Shamans from the Sami (European tradition), as well as Achuar and Sapara peoples of the Amazon. He has been teaching worldwide since 1989. His Movement Medicine workshops are inspiring, empowering, contemporary and practical, and are attended by people from all walks of life. He is the co-author of *Movement Medicine: How to dance, awaken and live your dreams* (Hay House, 2009) and the author of *Jaguar in the Body, Butterfly in the Heart: The real-life initiation of an everyday shaman* (Hay House, 2017).

**Venue:** SoulHouse, Hørsholmsgade 20, 2200 Copenhagen N

**Move! Evening** Friday 4. May 19.00 - 21.30

**Jaguar in the Body, Butterfly in the Heart:** Saturday 5. Maj 11.00 - 18.00 -

Sunday 6. Maj 10.00 - 17.00

**Cost:** Full Workshop Dkr. 1.900 Early bird (includes Friday Eve Move!) if booked and paid in full by 20.3.2018, deposit Dkr. 1.000 by sign up and rest latest 20.3.2018

After 20.3.2018 *Jaguar in the Body, Butterfly in the Heart* Sat/Sun Dkr. 2.200 paid by sign up Friday Eve Move! Dkr 300.

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