

INTRODUCING MOVEMENT MEDICINE

move! dance for life

Roma

23 November 2017



With
Ya'Acov
Darling Khan

Contact: movement.medicine.italia@gmail.com

SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

DARE TO DANCE · DARE TO DREAM

Move! is a simple and invigorating introduction to Movement Medicine, a simultaneously grounding and uplifting modern meditation practice rooted in the tradition of ecstatic dance.

IN THE CLASS, YOU WILL:

- Learn some of the basics of Movement Medicine practice
- Gain access to the intuitive wisdom of the dancer inside you
- Wake up from the 'trance' of daily affairs
- Connect with your self and others
- Discover the healing and transformative power of the life force inside you
- Recognize the power you have to embody your dreams.

Ya'Acov will provide you with careful and specific guidance so that you can discover the aliveness and creativity of the dancer inside. This dancer has an innate ability to see, connect and work with the big picture of our lives. No matter your age, shape or background, this dancer is just waiting for your permission to Move! and remind you of what you already know.



Ya'Acov has been studying and practicing shamanism all his life with many gifted teachers, and he brings a wealth of experience and knowledge to his work. His workshops are deeply practical and down-to-earth as well as, transformative, catalytic, uplifting and inspiring.

What: Move!

When: Thursday 23 November 2017,
20:30 to 22:30

Where: Istituto Paritario PIO IX –
Aventino

Via di S.Prisca, 8, 00153 Roma

Info and bookings: Tamara and Silvana
tel: + 39 339 657 14 88

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FB: Movement Medicine Italia

Costs:

€ 25 (+ €10 membership fee)

The session is limited to 60 people only

Organized by Movement Medicine
Italia in collaboration with the School of
Movement Medicine