

A MOVEMENT MEDICINE SHAMANIC JOURNEY

SOULFUL

Luzern

March 31st

– April 2nd

2017

with
Ya'Acov
Darling
Khan

Information: vereindynamo.ch • Booking: kf-events.ch

SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

MINDFULNESS IN MOTION

To live a Soulful life means to know and be who you are and give everything you've got. This is the baseline intention of Movement Medicine practice.

Soulful will give you the time and space in embodied enquiry to ask some important questions: Who are you? Where have you come from? Where are you going? What do you want for yourself and for our world? How can you make space for more soulful living in your day-to-day life?

To answer such questions, we must be prepared to dance deep, recognise the power we have and take responsibility for our choices. We must be prepared to listen to the heart and remember what matters most to us. And we must be willing to open our imagination and recognise that what we harvest is in part, the direct result of what we plant.

Soulful offers you the chance to go on an embodied shamanic journey into the powerfully poetic and imaginative landscape of soul. Grounding ourselves in the roots of the tree of life, we will then journey through the nine upper gateways of the Movement Medicine Tree of Life – a map for our ongoing evolution throughout life. Along the way, with excellent music both DJ'ed and live (provided by Beat Ernesto and Ya'Acov), you will be given the challenge and support needed to develop your medicine and strengthen your offering.

You will emerge from this process more empowered, more self-responsible and more aware of the choices you must make to create the harvest of a Soulful life.



Ya'Acov has been studying and practicing shamanism all his life with many gifted teachers, and he brings a wealth of experience and knowledge to his work. His workshops are deeply practical and down-to-earth as well as, transformative, catalytic, uplifting and inspiring.

Bruch Turnhalle, Zähringerstrasse 16, 6003 Luzern

Fri. March 31st, 19.00 – 22.00; Sat. April 1st 9.00 – 17.00;

Sun. April 2nd 9.00 – 17.00

Cost: CHF 385.- Early booking discount price with deposit CHF 150.- paid by March 1st: CHF 335.- *Euro-Zone prices on request.*

Early booking price members Verein Dynamo Luzern: CHF 310.-

The Friday evening is included in the workshop;
it can also be booked separately, cost CHF 50.-

Information: www.vereindynamo.ch * (+41) 041 228 90 10

Information, booking and payment: www.kf-events.ch

or with Katriona Forrester, Thunstrasse 110, CH-3700 Spiez

kat@kf-events.ch (+41) 033 676 27 08