

RETURNING HOME

A MOVEMENT MEDICINE
WINTER SOLSTICE
GATHERING

SWITZERLAND
16-20 DEC 2019

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SCHOOL OF MOVEMENT MEDICINE
www.schoolofmovementmedicine.com
DARE TO DANCE · DARE TO DREAM

Returning Home – A Winter Solstice Ecstatic Dance Gathering.

Learn from what has been, acknowledge what is and dream what may be.

At the darkest point of the year, we invite you to join us at the beautiful Waldhaus Zentrum in the foothills of the Swiss Alps to reflect on and digest all that we have lived through in the previous twelve months.

Nurtured by our stunning surroundings, we will follow the energy of the season and let go, let be, and see what needs to be seen in the darkness of the winter. Tuning in to the silent wisdom in our cells, we will sense what longs to emerge through us in the coming year. We will plant the seeds of these dreams in the fertile ground of the dance, bringing them into being through movement, art and ritual.

Sharing our stories by the fire-side and through the discipline of focused Movement Medicine practice, we will embody and dance our prayers for ourselves, our relations and the wider web to which we belong.

This workshop is an invitation to return to the roots of yourself, nourish what keeps you connected and awaken the sparks of hope and inspiration.

“For us, this is a special time – a time to look back, let go and give thanks for the year that has been; a time to focus on what is important to us, sharpen our intent, and make space for the dreams of a new cycle. We have found this process both moving and effective as we dance ourselves into the fresh landscape of a new year. We look forward to dancing with you.” Susannah & Ya’Acov



Susannah’s background is in Anthropology (1st Class Hons UCL 1986) and Gestalt Psycho-therapy (Graduate of the Gestalt Centre London 1988). Her teaching is full with energy, clarity, sensitivity and her infectious love of the dance itself.

“Susannah is a master choreographer of energy and a specialist in heart art.” David Rose, Director of Soul Wave



Ya’Acov has been studying and practicing shamanism all his life with many gifted teachers, and he brings a wealth of experience and knowledge to his work. His workshops are deeply practical and down-to-earth as well as catalytic, transformative, uplifting and inspiring. He is the co-author of “Movement Medicine - How to Awaken, Dance and Live your Dreams”.

Waldhaus Zentrum, Switzerland, 16-20 December 2019

Total cost: SFr. 1277 includes food & dormitory accommodation at Waldhaus.
(Single & double/twin rooms are available at a supplement cost). Deposit SFr. 150 (non-refundable).
Early booking discount of SFr. 150 for bookings with deposit received by 30 October 2019

Booking Information: RW Events, Nappers Crossing, Staverton, Devon TQ9 6PD, UK.
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